SECTION 02 82 13.21
ASBESTOS ROOFING ABATEMENT

SPEC WRITER NOTES:

1. These specifications provide general guidance to personnel given the task of designing and executing a OSHA Class II and EPA Category I Non-Friable roofing abatement project. Each abatement is a unique situation and therefore must be tailored for that project. This specification incorporates current regulatory requirements and current best abatement practices, procedures and technology. The Architect/Engineer and/or the Industrial Hygiene consultants may provide additional specification additions or deletions to this specification that, in their professional judgment, will ensure a safe and effective approach to a specific abatement project while maintaining compliance with applicable regulations and VA policy. Any changes must be clearly marked on/attached to this document prior to finalization of the specification so that the changes will be adequately considered in the review process by the VA.
2. These specifications are to be used in conjunction with Contractor selection criteria; special instructions package; and general construction provisions.
3. Paragraphs that are not preceded by a number code are indented as instructions to the specifications writer and identified by the notation "Spec Writer Notes". These paragraphs must be deleted from the final document.
4. Within the text of the specifications, there may be optional procedures which the specification writer could include in the final specification. Procedures which are not chosen must be deleted by the specification writer. Optional text is shown by the notation (//text//).
5. The specification writer, VPIH/CPIH, CPIH/CIH, and A/E must be aware of and read the AEQA 10-95 since it details common errors in specification and contract documents for asbestos project. This would be especially

helpful if a survey is being conducted prior to an abatement project.

6. A full AHERA survey of the facility would be needed prior to renovation activities, however, if demolition of the facility is planned, a NESHAP survey of the facility would need to be performed.

PART 1 - GENERAL

1.1 SUMMARY OF THE WORK

A. Drawings, general provisions of the contract, including general and supplementary conditions and other Division 01 specifications, shall apply to the work of this section. The contract documents show the work to be done under the contract and related requirements and conditions impacting the project. Related requirements and conditions include applicable codes and regulations, notices and permits, existing site conditions and restrictions on use of the site, requirements for partial owner occupancy during the work, coordination with other work and the phasing of the work. In the event the Asbestos Abatement Contractor discovers a conflict in the contract documents and/or requirements or codes, the conflict must be brought to the immediate attention of the Contracting Officer for resolution. Whenever there is a conflict or overlap in the requirements, the most stringent shall apply. Any actions taken by the Contractor without obtaining guidance from the Contracting Officer shall become the sole risk and responsibility of the Asbestos Abatement Contractor. All costs incurred due to such action are also the responsibility of the Asbestos Abatement Contractor.

B. Extent of Work:

1. Below is a brief description of the estimated quantities of asbestos roofing materials to be abated. These quantities are for informational purposes only and are based on the best information available at the time of the specification preparation. The Contractor shall satisfy himself as to the actual quantities to be abated. Nothing in this section may be interpreted as limiting the extent of work otherwise required by this contract and related documents.
2. Removal, clean-up and disposal of ACM roofing in an appropriate regulated area in the following approximate quantities;

3. ( ) linear meters (feet) of <50 mm (2 inches) diameter pipe insulation

( ) square feet of roofing

( ) square feet of roofing material containing multiple built-up roofs

( ) square feet of roofing flashing

SPEC WRITER NOTE: Provide the approximate quantities for removal, if roofing system conceals old roof systems identify here. Identify where flashing, sealant, etc., are located. Make sure that provisions are made if asbestos fireproofing is located on roof deck since it may be significantly disturbed during roofing material removal and replacement. Roofing abatement projects may cause roofing debris to fall on top of plaster or suspended ceiling system below, due primarily to holes placed in roof deck. This should be addressed in this specification, if it may occur.

C. Related Work:

1. Section 07 84 00, FIRESTOPPING.
2. Section 02 41 00, DEMOLITION.
3. Division 09, FINISHES

D. Tasks:

1. The work tasks are summarized briefly as follows:
   a. Pre-abatement activities including pre-abatement meeting(s), inspection(s), notifications, permits, submittal approvals, work-site preparations, emergency procedures arrangements, and standard operating procedures for OSHA Class II and EPA Category I asbestos abatement work.
   b. Abatement activities including removal, clean-up and disposal of ACM waste, recordkeeping, security, monitoring, and inspections.
   c. Cleaning and decontamination activities including final visual inspection, air monitoring and certification of decontamination.

E. Abatement Contractors Use of Premises:

1. The Contractor and Contractor's personnel shall cooperate fully with the VA Representative/consultant to facilitate efficient use of buildings and areas within buildings. The Contractor shall perform the work in accordance with the VA specifications, drawings, phasing plan and in compliance with any/all applicable Federal, State and Local regulations and requirements.

2. The Contractor shall use the existing facilities in the building strictly within the limits indicated in contract documents as well as the approved VA Design and Construction Procedure. VA Design and Construction Procedure drawings of partially occupied buildings will show the limits of regulated areas; the placement of decontamination facilities; the temporary location of bagged waste ACM; the path of transport to outside the building; and the temporary waste storage area for each building/regulated area. Any variation from the arrangements shown on drawings shall be secured in writing from the VA Representative through the pre-abatement plan of action. The following limitations of use shall apply to existing facilities shown on drawings:

SPEC WRITER NOTE: Provide specific limitations on the use of facility elements such as corridors, stairs, elevators, loading platforms, etc., which are not dedicated for the use of the abatement contractor during his work. Consult with the VA on this and secure verification in writing on the conditions of use.

1.2 VARIATIONS IN QUANTITY

A. The quantities and locations of ACM as indicated on the drawings and the extent of work included in this section are estimates which are limited by the physical constraints imposed by occupancy of the buildings. Accordingly, minor variations (+/- 10 percent) in quantities of ACM within the regulated area are considered as having no impact on contract price and time requirements of this contract. Where additional work is required beyond the above variation, the Contractor shall provide unit prices for additional work that is newly discovered materials and those prices will be used for additional work under the contract.

SPEC WRITER NOTE: The contract time and price will be adjusted under the provisions of "Differing Site Conditions";(FAR 52.236-2).The Contractor shall have submitted unit prices before letting the contract.

1.3 STOP ASBESTOS REMOVAL

A. If the Contracting Officer; their field representative; the facility Safety Officer/Manager or their designee, or the VA Professional

Industrial Hygienist/Certified Industrial Hygienist (VPIH/CIH) presents a verbal **Stop Asbestos Removal Order,** the Contractor/Personnel shall immediately stop all asbestos removal and adequately wet any exposed ACM. If a verbal Stop Asbestos Removal Order is issued, the VA shall follow-up with a written order to the Contractor as soon as practicable. The Contractor shall not resume any asbestos removal activity until authorized to do so in writing by the VA Contracting Officer. A stop asbestos removal order may be issued at any time the VA Contracting Officer determines abatement conditions/activities are not within VA specification, regulatory requirements or that an imminent hazard exists to human health or the environment. Work stoppage will continue until conditions have been corrected to the satisfaction of the VA. Standby time and costs for corrective actions will be borne by the Contractor, including the VPIH/CIH time. The occurrence of any of the following events shall be reported immediately by the Contractor's competent person to the VA Contracting Office or field representative using the most expeditious means (e.g., verbal or telephonic), followed up with written notification to the Contracting Officer as soon as it is practical. The Contractor shall immediately stop asbestos removal/disturbance activities and initiate fiber reduction activities if:

1. Airborne PCM analysis results equal to or greater than 0.01 f/cc above background levels outside the regulated area;
2. breach or break in regulated area containment barrier(s);
3. serious injury/death at the site;
4. fire/safety emergency at the site;
5. respiratory protection system failure;
6. power failure or loss of wetting agent; or
7. any visible emissions observed outside the regulated area.
8. failure to follow project specification requirements.

1.4 DEFINITIONS

A. General: Definitions and explanations here are neither complete nor exclusive of all terms used in the contract documents, but are general for the work to the extent they are not stated more explicitly in another element of the contract documents. Drawings must be recognized as diagrammatic in nature and not completely descriptive of the requirements indicated therein.

B. Glossary:

Abatement - Procedures to control fiber release from asbestos-containing materials. Includes removal, encapsulation, enclosure, demolition, and renovation activities related to asbestos containing materials (ACM).

Aerosol - Solid or liquid particulate suspended in air.

Adequately wet - Sufficiently mixed or penetrated with liquid to prevent the release of particulates. If visible emissions are observed coming from the ACM, then that material has not been adequately wetted.

Aggressive method - Removal or disturbance of building material by sanding, abrading, grinding, or other method that breaks, crumbles, or disintegrates intact ACM.

Aggressive air sampling - EPA AHERA defined clearance sampling method using air moving equipment such as fans and leaf blowers to aggressively disturb and maintain in the air residual fibers after abatement.

AHERA - Asbestos Hazard Emergency Response Act. Asbestos regulations for schools issued in 1987.

Aircell - Pipe or duct insulation made of corrugated cardboard which contains asbestos.

Air monitoring - The process of measuring the fiber content of a known volume of air collected over a specified period of time. The NIOSH 7400 Method, Issue 3, Fifth Edition is used to determine the fiber levels in air. For personal samples, area air samples and clearance air testing using Phase Contrast Microscopy (PCM) analysis, the NIOSH Method 7402 (Issue 2, Fourth Edition) can be used when it is necessary to confirm fibers counted by PCM as being asbestos. The AHERA TEM analysis may be used for background, area samples and clearance samples when required by this specification, or at the discretion of the VPIH/CIH as appropriate.

Air sample filter - The filter used to collect fibers which are then counted. The filter is made of mixed cellulose ester (MCE) membrane for PCM (Phase Contrast Microscopy, 25 mm, 3-piece with 2 inches Static Extension Cowl, 0.8 micron pore size) and MCE for TEM (Transmission Electron Microscopy, 25 mm, 3-piece with 2 inches Static Extension Cowl, 0.45 micron pore size).

Amended water - Water to which a surfactant (wetting agent) has been added to increase the penetrating ability of the liquid.

Asbestos - Includes chrysotile, amosite, crocidolite, tremolite asbestos, anthophyllite asbestos, actinolite asbestos, and any of these minerals that have been chemically treated or altered. Asbestos also includes PACM, as defined below.

Asbestos Hazard Abatement Plan (AHAP) - Asbestos work procedures required to be submitted by the contractor before work begins.

Asbestos-containing material (ACM) - Any material containing more than one percent of asbestos.

Asbestos contaminated elements (ACE) - Building elements such as ceilings, walls, lights, or ductwork that are contaminated with asbestos.

Asbestos-contaminated soil (ACS) – Soil found in the work area or in adjacent areas such as crawlspaces or pipe tunnels which is contaminated with asbestos-containing material debris and cannot be easily separated from the material.

Asbestos-containing waste (ACW) material - Asbestos-containing material or asbestos contaminated objects requiring disposal.

Asbestos Project Monitor – Some states require that any person conducting asbestos abatement air sampling, clearance inspections and clearance air sampling be licensed as an asbestos project monitor.

Asbestos waste decontamination facility - A system consisting of drum/bag washing facilities and a temporary storage area for cleaned containers of asbestos waste. Used as the exit for waste and equipment leaving the regulated area. In an emergency, it may be used to evacuate personnel.

Authorized person - Any person authorized by the VA, the Contractor, or government agency and required by work duties to be present in regulated areas.

Authorized visitor - Any person approved by the VA; the contractor; or any government agency representative having jurisdiction over the regulated area (e.g., OSHA, Federal and State EPA).

Barrier - Any surface that isolates the regulated area and inhibits fiber migration from the regulated area.

Containment Barrier - An airtight barrier consisting of walls, floors, and/or ceilings of sealed plastic sheeting which surrounds and seals the outer perimeter of the regulated area.

Critical Barrier - The barrier responsible for isolating the regulated area from adjacent spaces, typically constructed of 2-layers of 6-mil independently installed plastic sheeting (Polyethylene) secured in

place at openings such as doors, windows, penetrations or any other opening into the regulated area.

Primary Barrier – Plastic barriers placed over critical barriers and exposed directly to abatement work or to secondary barrier.

Secondary Barrier - Any additional plastic barriers used to isolate and provide protection from debris during abatement work.

Breathing zone – The hemisphere forward of the shoulders with a radius of about 150 - 225 mm (6 - 9 inches) from the worker's nose.

Bridging encapsulant – An encapsulant that forms a layer on the surface of the ACM.

Building/facility owner - The legal entity, including a lessee, which exercises control over management and recordkeeping functions relating to a building and/or facility in which asbestos activities take place.

Bulk testing – The collection and analysis of suspect asbestos containing materials.

Certified Industrial Hygienist (CIH) - A person certified in the comprehensive practice of industrial hygiene by the American Board of Industrial Hygiene.

Class I asbestos work – Activities involving the removal of Thermal System Insulation (TSI) and surfacing ACM and Presumed Asbestos Containing Material (PACM).

Class II asbestos work - Activities involving the removal of ACM which is not thermal system insulation or surfacing material. This includes, but is not limited to, the removal of asbestos-containing wallboard, floor tile and sheeting, roofing and siding shingles, and construction mastic.

Clean room/Changing room – An uncontaminated room having facilities for the storage of employee's street clothing and uncontaminated materials and equipment.

Clearance sample - The final air sample taken after all asbestos work has been done and visually inspected. Performed by the VA's Professional Industrial Hygiene Consultant/Certified Industrial Hygienist (VPIH/CIH).

Closely resemble - The major workplace conditions which have contributed to the levels of historic asbestos exposure, are no more protective than conditions of the current workplace.

Competent person - In addition to the definition in 29 CFR 1926.32(f), one who is capable of identifying existing asbestos hazards in the

workplace and selecting the appropriate control strategy for asbestos exposure, who has the authority to take prompt corrective measures to eliminate them, as specified in 29 CFR 1926.32(f); in addition, for Class I and II work who is specially trained in a training course which meets the criteria of EPA's Model Accreditation Plan (40 CFR 763) for supervisor.

Contractor's Professional Industrial Hygienist (CPIH/CIH) - The asbestos abatement contractor's industrial hygienist. The industrial hygienist must meet the qualification requirements of a PIH and may report to a certified industrial hygienist (CIH).

Count - Refers to the fiber count or the average number of fibers greater than five microns in length with a length-to-width (aspect) ratio of at least 3 to 1, per cubic centimeter of air.

Crawlspace – An area which can be found either in or adjacent to the work area. This area has limited access and egress and may contain asbestos materials and/or asbestos contaminated soil.

Decontamination area/unit - An enclosed area adjacent to and connected to the regulated area and consisting of an equipment room, shower room, and clean room, which is used for the decontamination of workers, materials, and equipment that are contaminated with asbestos.

Demolition - The wrecking or taking out of any load-supporting structural member and any related razing, removing, or stripping of asbestos products.

Disposal bag - Typically 6-mil thick sift-proof, dustproof, leak-tight container used to package and transport asbestos waste from regulated areas to the approved landfill. Each bag/container must be labeled/marked in accordance with EPA, OSHA and DOT requirements.

Disturbance – Asbestos Operations and Maintenance Activities (OSHA Class III) that disrupt the matrix of ACM or PACM, crumble or pulverize ACM or PACM, or generate visible debris from ACM or PACM. Disturbance includes cutting away small amounts of ACM or PACM, no greater than the amount that can be contained in one standard sized glove bag or waste bag in order to access a building component. In no event shall the amount of ACM or PACM so disturbed exceed that which can be contained in one glove bag or disposal bag, which shall not exceed 60 inches in length or width.

Drum - A rigid, impermeable container made of cardboard fiber, plastic, or metal which can be sealed in order to be sift-proof, dustproof, and leak-tight.

Employee exposure - The exposure to airborne asbestos that would occur if the employee were not wearing respiratory protection equipment.

Encapsulant - A material that surrounds or embeds asbestos fibers in an adhesive matrix and prevents the release of fibers.

Encapsulation - Treating ACM with an encapsulant.

Enclosure - The construction of an air tight, impermeable, permanent barrier around ACM to control the release of asbestos fibers from the material and also eliminate access to the material.

Equipment room - A contaminated room located within the decontamination area that is supplied with impermeable bags or containers for the disposal of contaminated protective clothing and equipment.

Fiber - A particulate form of asbestos, 5 microns or longer, with a length to width (aspect) ratio of at least 3 to 1.

Fibers per cubic centimeter (f/cc) - Abbreviation for fibers per cubic centimeter, used to describe the level of asbestos fibers in air.

Filter - Media used in respirators, vacuums, or other machines to remove particulate from air.

Firestopping - Material used to close the open parts of a structure in order to prevent a fire from spreading.

Friable asbestos containing material - Any material containing more than one (1) percent asbestos as determined using the method specified in 40 CFR 763, Polarized Light Microscopy, that, when dry, can be crumbled, pulverized, or reduced to powder by hand pressure.

Glovebag - Not more than a 60 x 60 inch impervious plastic bag-like enclosure affixed around an asbestos-containing material, with glove-like appendages through which materials and tools may be handled.

High efficiency particulate air (HEPA) filter – An ASHRAE MERV 17 filter capable of trapping and retaining at least 99.97 percent of all mono-dispersed particles of 0.3 micrometers in diameter.

HEPA vacuum - Vacuum collection equipment equipped with a HEPA filter system capable of collecting and retaining asbestos fibers.

Homogeneous area - An area of surfacing, thermal system insulation or miscellaneous ACM that is uniform in color, texture and date of application.

HVAC - Heating, Ventilation and Air Conditioning

Industrial hygienist (IH) - A professional qualified by education, training, and experience to anticipate, recognize, evaluate and develop controls for occupational health hazards. Meets definition requirements of the American Industrial Hygiene Association (AIHA).

Industrial hygienist technician (IH Technician) - A person working under the direction of an IH or CIH who has special training, experience, certifications and licenses required for the industrial hygiene work assigned. Some states require that an industrial hygienist technician conducting asbestos abatement air sampling, clearance inspection and clearance air sampling be licensed as an asbestos project monitor.

Intact - The ACM has not crumbled, been pulverized, or otherwise deteriorated so that the asbestos is no longer likely to be bound with its matrix.

Lockdown - Applying encapsulant, after a final visual inspection, on all abated surfaces at the conclusion of ACM removal prior to removal of critical barriers.

National Emission Standards for Hazardous Air Pollutants (NESHAP) - EPA's rule to control emissions of asbestos to the environment (40 CFR part 61, Subpart M).

Negative initial exposure assessment - A demonstration by the employer which complies with the criteria in 29 CFR 1926.1101 (f)(2)(iii), that employee exposure during an operation is expected to be consistently below the PEL or Excursion Limit (EL).

Negative pressure - Air pressure which is lower than the surrounding area, created by exhausting air from a sealed regulated area through HEPA equipped filtration units. OSHA requires maintaining -0.02 inch water column gauge inside the negative pressure enclosure.

Negative pressure respirator - A respirator in which the air pressure inside the facepiece is negative during inhalation relative to the air pressure outside the respirator facepiece.

Non-friable ACM - Material that contains more than 1 percent asbestos but cannot be crumbled, pulverized, or reduced to powder by hand pressure.

Organic vapor cartridge - The type of cartridge used on air purifying respirators to remove organic vapor hazardous air contaminants.

Outside air - The air outside buildings and structures, including, but not limited to, the air under a bridge or in an open ferry dock.

Owner/operator - Any person who owns, leases, operates, controls, or supervises the facility being demolished or renovated or any person who owns, leases, operates, controls, or supervises the demolition or renovation operation, or both.

Penetrating encapsulant - Encapsulant that is absorbed into the ACM matrix without leaving a surface layer.

Permissible exposure limit (PEL) - The level of exposure OSHA allows for as an eight (8) hour time-weighted average (TWA). For asbestos fibers, the eight (8) hour time-weighted average PEL is 0.1 fibers per cubic centimeter (0.1 f/cc) of air and the 30-minute Excursion Limit (EL) is 1.0 fibers per cubic centimeter (1 f/cc).

Personal protective equipment (PPE) – equipment designed to protect user from injury and/or specific job hazard. Such equipment may include protective clothing, hard hats, safety glasses, fall protection, and respirators.

Personal sampling/monitoring - Representative air samples obtained in the breathing zone for one or more workers within the regulated area using a filter cassette and a calibrated air sampling pump to determine asbestos exposure.

Pipe tunnel – An area, typically located adjacent to mechanical spaces or boiler rooms in which the pipes servicing the heating system in the building are routed to allow the pipes to access heating elements. These areas may contain asbestos pipe insulation, asbestos fittings, debris or asbestos-contaminated soil.

Polarized light microscopy (PLM) - Light microscopy using dispersion staining techniques and refractive indices to identify and quantify the type of asbestos present in a bulk sample.

Polyethylene sheeting - Strong plastic barrier material 4 to 6-mils thick, semi-transparent, flame retardant per NFPA 241.

Positive/negative fit check - A method of verifying the seal of a facepiece respirator by temporarily occluding the filters and breathing in (inhaling) and then temporarily occluding the exhalation valve and breathing out (exhaling) while checking for inward or outward leakage of the respirator, respectively.

Presumed ACM (PACM) - Thermal system insulation, surfacing, and flooring material installed in buildings prior to 1981. If the building owner has actual knowledge, or should have known through the exercise of due diligence that other materials are ACM, they too must be treated

as PACM. The designation of PACM may be rebutted pursuant to 29 CFR 1926.1101 (k)(5).

Professional IH - An IH who meets the definition requirements of AIHA; meets the definition requirements of OSHA as a "Competent Person" at 29 CFR 1926.1101 (b); has completed two specialized EPA approved courses on management and supervision of asbestos abatement projects; has formal training in respiratory protection and waste disposal; and has a minimum of four projects of similar complexity with this project of which at least three projects serving as the supervisory IH. The PIH may be either the VA's PIH (VPIH/CIH) or Contractor's PIH (CPIH/CIH).

Project designer - A person who has successfully completed the training requirements for an asbestos abatement project designer as required by 40 CFR 763 Subpart E, Appendix C, Part I; (B)(5).

Assigned protection factor - A value assigned by OSHA/NIOSH to indicate the expected protection provided by each respirator class, when the respirator is properly selected and worn correctly. The number indicates the reduction of exposure level from outside to inside the respirator facepiece.

Qualitative fit test (QLFT) - A fit test using a challenge material that can be sensed by the wearer if leakage in the respirator occurs.

Quantitative fit test (QNFT) - A fit test using a challenge material which is quantified outside and inside the respirator thus allowing the determination of the actual fit factor.

Regulated area - An area established by the employer to demarcate where Class I, II, III asbestos work is conducted, and any adjoining area where debris and waste from such asbestos work may accumulate; and a work area within which airborne concentrations of asbestos exceed, or there is a reasonable possibility they may exceed the PEL.

Regulated ACM (RACM) - Friable ACM; Category I non-friable ACM that has become friable; Category I non-friable ACM that will be or has been subjected to sanding, grinding, cutting, or abrading or; Category II non-friable ACM that has a high probability of becoming or has become crumbled, pulverized, or reduced to powder by the forces expected to act on the material in the course of the demolition or renovation operation.

Removal - All operations where ACM, PACM and/or RACM is taken out or stripped from structures or substrates, including demolition operations.

Renovation - Altering a facility or one or more facility components in any way, including the stripping or removal of asbestos from a facility component which does not involve demolition activity.

Repair - Overhauling, rebuilding, reconstructing, or reconditioning of structures or substrates, including encapsulation or other repair of ACM or PACM attached to structures or substrates.

Shower room - The portion of the PDF where personnel shower before leaving the regulated area.

Supplied air respirator (SAR) - A respiratory protection system that supplies minimum Grade D respirable air per ANSI/Compressed Gas Association Commodity Specification for Air, G-7.1-2018.

Surfacing ACM - A material containing more than 1 percent asbestos that is sprayed, troweled on or otherwise applied to surfaces for acoustical, decorative, fireproofing and other purposes.

Surfactant - A chemical added to water to decrease water's surface tension thus making it more penetrating into ACM.

Thermal system ACM - A material containing more than 1 percent asbestos applied to pipes, fittings, boilers, breeching, tanks, ducts, or other structural components to prevent heat loss or gain.

Transmission electron microscopy (TEM) - A microscopy method that can identify and count asbestos fibers.

VA Professional Industrial Hygienist (VPIH/CIH) – The Department of Veterans Affairs Professional Industrial Hygienist must meet the qualifications of a PIH, and may report to a Certified Industrial Hygienist (CIH).

VA Representative - The VA official responsible for on-going project work.

VA Total – means a building or substantial part of the building is completely removed, torn or knocked down, bulldozed, flattened, or razed, including removal of building debris.

Visible emissions - Any emissions, which are visually detectable without the aid of instruments, coming from ACM/PACM/RACM/ACS or ACM waste material.

Waste/Equipment decontamination facility (W/EDF) – The area in which equipment is decontaminated before removal from the regulated area.

Waste generator - Any owner or operator whose act or process produces asbestos-containing waste material.

Waste shipment record - The shipping document, required to be originated and signed by the waste generator, used to track and substantiate the disposition of asbestos-containing waste material.

Wet cleaning - The process of thoroughly eliminating, by wet methods, any asbestos contamination from surfaces or objects.

C. Referenced Standards Organizations: See Section 01 42 19 REFERENCED STANDARDS.

1.5 APPLICABLE CODES AND REGULATIONS

A. General Applicability of Codes, Regulations, and Standards:

1. All work under this contract shall be done in strict accordance with all applicable Federal, State, and Local regulations, standards and codes governing asbestos abatement, and any other trade work done in conjunction with the abatement. All applicable codes, regulations and standards are adopted into this specification and will have the same force and effect as this specification.
2. The most recent edition of any relevant regulation, standard, document or code shall be in effect. Where conflict among the requirements or with these specifications exists, the most stringent requirement(s) shall be utilized.
3. Copies of all standards, regulations, codes and other applicable documents, including this specification and those listed in Section 1.5 shall be available at the worksite in the clean change area of the worker decontamination system and/or the Contractor’s on-site Field Office. These standards, regulations, codes and other applicable documents, including this specification and those listed in Section 1.5 may be made available electronically.

B. Contractor Responsibility: The Asbestos Abatement Contractor (Contractor) shall assume full responsibility and liability for compliance with all applicable Federal, State and Local regulations related to any and all aspects of the asbestos abatement project. The Contractor is responsible for providing and maintaining training, accreditations, medical exams, medical records, personal protective equipment (PPE), including respiratory protection, and respirator fit testing, as required by applicable Federal, State and Local regulations. The Contractor shall hold the VA and VPIH/CIH consultants harmless for any Contractor’s failure to comply with any applicable work, packaging, transporting, disposal, safety, health, or environmental requirement on the part of himself, his employees, or his

subcontractors. The Contractor will incur all costs of the CPIH/CIH, including all sampling/analytical costs to assure compliance with OSHA/EPA/State/Local requirements related to failure to comply with the regulations applicable to the work.

C. Federal Requirements:

1. Federal requirements which govern some aspect of asbestos abatement include, but are not limited to, the following regulations:

a. Occupational Safety and Health Administration **(OSHA)**

1) Title 29 CFR 1926.1101 - Construction Standard for Asbestos
2) Title 29 CFR 1926 Subpart E - Personal Protective Equipment and Life Saving Equipment
3) Title 29 CFR 1910.134 - Respiratory Protection
4) Title 29 CFR 1926 - Construction Industry Standards
5) Title 29 CFR 1926.33 - Access to Employee Exposure and Medical Records
6) Title 29 CFR 1926.59 same as 1910.1200 - Hazard Communication
7) Title 29 CFR 1926 Subpart C – General Safety and Health Provisions and Subpart D – Occupational Health and Environmental Controls

b. Environmental Protection Agency **(EPA)**:

1) 40 CFR 61 Subpart M - National Emission Standard for Hazardous Air Pollutants - Asbestos.
2) 40 CFR 763.80 - Asbestos Hazard Emergency Response Act (AHERA) and Asbestos Hazard Abatement Reauthorization Act (ASHARA)

c. Department of Transportation **(DOT)**

1) Title 49 CFR 171 - 180 – Transportation

D. //State Requirements:

1. State requirements that apply to the asbestos abatement work, disposal, clearance, etc., include, but are not limited to, the following://

SPEC WRITER NOTE: Provide pertinent information on applicable state regulations, statutes, and guidance documents. Acquire copies of the applicable documents and include the appropriate citations in the specifications. Contact state agencies for standards and requirements.

E. //Local Requirements:

1. If local requirements are more stringent than federal or state standards, the local standards are to be followed.//

SPEC WRITER NOTE: Include local requirements here if they apply.

F. Standards:

1. Standards which govern asbestos abatement activities include, but are not limited to, the following:
   a. American National Standards Institute (ANSI)/ASSP Z9.2-2018 - Fundamentals Governing the Design and Operation of Local Exhaust Systems and ANSI/ASSE Z88.2-2015 - Practices for Respiratory Protection.
   b. Underwriters Laboratories (UL) 586-2009 - UL Standard for Safety of HEPA Filter Units, 9th Edition; ANSI Approval 2017-12-19.
2. Standards which govern encapsulation work include, but are not limited to the following:
   a. American Society for Testing and Materials International (ASTM)
3. Standards which govern the fire and safety concerns in abatement work include, but are not limited to, the following:
   a. National Fire Protection Association (NFPA) 241 - Standard for Safeguarding Construction, Alteration, and Demolition Operations.
   b. NFPA 701 - Standard Methods for Fire Tests for Flame Resistant Textiles and Film.
   c. NFPA 101 - Life Safety Code

G. EPA Guidance Documents:

1. EPA guidance documents which discuss asbestos abatement work activities are listed below. These documents are made part of this section by reference.
2. Guidance for Controlling ACM in Buildings (Purple Book) EPA 560/5-85-024
3. Asbestos Waste Management Guidance EPA 530-SW-85-007
4. A Guide to Respiratory Protection for the Asbestos Abatement Industry EPA-560-OPTS-86-001
5. Guide to Managing Asbestos in Place (Green Book) TS 799 20T July 1990

H. Notices:

1. State and Local agencies: Send written notification as required by State and Local regulations including the local fire department prior to beginning any work on ACM as follows:

SPEC WRITER NOTE: Provide pertinent notification requirements for EPA, State and Local Notification. Note: Many states do not use the federal EPA notification quantity requirements. Additionally, note that demolition requires notification whether asbestos is present or not present. If courtesy notification is available, consider requiring this to minimize calls to the regulatory offices. Most times, regulatory entities can respond that they are aware of asbestos abatement activities.

2. Copies of notifications shall be submitted to the VA for the facility's records at the same time frame notification is given to EPA, State, and Local authorities prior to beginning any work on ACM as follows.

I. Permits/Licenses: The contractor shall apply for and have all required permits and licenses to perform asbestos abatement work as required by Federal, State, and Local regulations.

SPEC WRITER NOTE: Permits and/or licenses may be required by authorities to perform asbestos abatement work. Indicate here any such requirements.

J. Posting and Filing of Regulations: Maintain two (2) copies of applicable federal, state, and local regulations. Post one copy of each at the regulated area where workers will have daily access to the regulations and keep another copy in the Contractor's office.

K. VA Responsibilities prior to commencement of work:

1. Notify occupants adjacent to regulated areas of project dates and requirements for relocation, if needed. **Note: Notification of adjacent personnel is required by OSHA in 29 CFR 1926.1101 (k) to prevent unnecessary or unauthorized access to the regulated area.**
2. Submit to the Contractor results of background air sampling; including location of samples, person who collected the samples, equipment utilized, calibration data and method of analysis. During abatement, submit to the Contractor, results of bulk material analysis and air sampling data collected during the course of the abatement. This information shall not release the Contractor from any responsibility for OSHA compliance.

L. Site Security:

1. Regulated area access is to be restricted only to authorized, trained/accredited and protected personnel. These may include the Contractor’s employees, employees of Subcontractors, VA employees and Representatives, State and Local inspectors, and any other designated individuals. A list of authorized personnel shall be established prior to commencing the project and shall be located immediately outside the boundary of the regulated work area.
2. Entry into the regulated area by unauthorized individuals shall be reported immediately to the Competent Person by anyone observing the entry. The Competent person shall immediately notify the VA Representative.
3. A log book shall be maintained outside the boundary of the regulated work area. Anyone who enters the regulated area must record their name, affiliation, time in, and time out for each entry.
4. Access to the regulated area shall be via scaffolding, interior stair systems, or approved equivalent. All other access (doors, windows, hallways, etc.) shall be sealed or locked to prevent entry to or exit from the regulated area. The only exceptions for this requirement are emergency exits. Emergency exits shall not be locked from the inside or outside.
5. The Contractor's Competent Person shall control site security during abatement operations in order to isolate work in progress and protect adjacent personnel. A 24-hour security system shall be provided at the entrance to the regulated area to assure that all entrants are logged in/out and that only authorized personnel are allowed entrance.
6. The Contractor will have the VA's assistance in notifying adjacent personnel of the presence, location and quantity of ACM in the regulated area and enforcement of restricted access by the VA's employees.
7. The regulated area shall be locked during non-working hours and secured by VA Representative or Competent Person. The VA Police should be informed of asbestos abatement regulated areas to provide security checks during facility rounds and emergency response.

M. Emergency Action Plan and Arrangements:

1. An Emergency Action Plan shall be developed prior to commencing abatement activities and shall be agreed to by the Contractor and

the VA. The Plan shall meet the requirements of 29 CFR 1926, Subpart C, Standard 1926.35 Employee Emergency Action Plans.

2. Emergency procedures shall be in written form and prominently posted in the clean room and equipment room of the decontamination unit. Everyone, prior to entering the regulated area, must read and sign these procedures to acknowledge understanding of the regulated area layout, location of emergency exits and emergency procedures.
3. Emergency planning shall include written notification of police, fire, and emergency medical personnel of planned abatement activities; work schedule; layout of regulated area; and access to the regulated area, particularly barriers that may affect response capabilities.
4. Emergency planning shall include consideration of fire, explosion, hazardous atmospheres, electrical hazards, slips/trips and falls, confined spaces, and heat stress illness. Written procedures for response to emergency situations shall be developed and employee training in procedures shall be provided.
5. Employees shall be trained in regulated area/site evacuation procedures in the event of workplace emergencies.
   a. For non-life-threatening situations - employees injured or otherwise incapacitated shall be decontaminated following normal procedures with assistance from fellow workers, if necessary, before exiting the regulated area to obtain proper medical treatment.
   b. For life-threatening injury or illness, worker decontamination shall take least priority after measures to stabilize the injured worker, medical personnel shall remove them from the regulated area if back or neck injury is present, and secure proper medical treatment.
6. Telephone numbers of any/all emergency response personnel shall be prominently posted in the clean room, along with the location of the nearest telephone.
7. The Contractor shall provide verification of first aid/CPR training for personnel responsible for providing first aid/CPR. OSHA requires medical assistance within 3-4 minutes of a life-threatening injury/illness. Bloodborne Pathogen training shall also be verified for those personnel required to provide first aid/CPR.

8. The Emergency Action Plan shall provide for a Contingency Plan in the event that an incident occurs that may require the modification of the standard operating procedures during abatement. Such incidents include, but are not limited to, fire; accident; power failure; extreme heat; inclement weather; high wind; and lightning. The Contractor shall detail procedures to be followed in the event of an incident assuring that asbestos abatement work is stopped and wetting is continued until correction of the problem.

N. Pre-Construction Meeting:

1. Prior to commencing the work, the Contractor shall meet with the VPIH/CIH to present and review, as appropriate, the items following this paragraph. The Contractor's Competent Person(s) who will be on-site shall participate in the pre-start meeting. The pre-start meeting is to discuss and determine procedures to be used during the project. At this meeting, the Contractor shall provide:

SPEC WRITER NOTE: At this place, the specification writer should assure all State and Local requirements are listed and submitted.

a. Proof of Contractor licensing.
b. Proof the Competent Person(s) is trained and accredited and approved for working in this State. Verification of the experience of the Competent Person(s) shall also be presented.
c. A list of all workers who will participate in the project, including experience and verification of training and accreditation.
d. A list of and verification of training for all personnel who have current first-aid/CPR training. A minimum of one person per shift must have adequate training.
e. Current medical written opinions for all personnel working on—site meeting the requirements of 29 CFR 1926.1101(m).
f. Current fit-tests for all personnel wearing respirators on-site meeting the requirements of 29 CFR 1926. 1101(h) and Appendix C.
g. A copy of the Contractor's Asbestos Hazard Abatement Plan for Class II Asbestos Abatement. In these procedures, the following information must be detailed, specific for this project.
   1) Regulated area preparation procedures;

2) Notification requirements procedure of Contractor as required in 29 CFR 1926.1101(d) Multi-Employer Worksites;
3) If required, decontamination area set-up/layout and decontamination procedures for employees; extent of 6-mil polyethylene sheeting placed //25'// out from the outer perimeter of the work area to aid in cleaning roofing material debris that may fall off building; method of demarcating the regulated work area with Asbestos Danger Tape and Asbestos Danger Signs; method for fall protection; method for accessing roof; and method for bringing material to lined roll-off or approved equivalent.
4) Abatement methods/procedures and equipment to be used;
5) Personal protective equipment to be used.

h. At this meeting the Contractor shall provide all submittals as required.
i. Procedures for handling, packaging and disposal of asbestos waste.
j. Emergency Action Plan and Contingency Plan Procedures.

1.6 PROJECT COORDINATION

A. The following are the minimum administrative and supervisory personnel necessary for coordination of the work.

1. Personnel:

a. Administrative and supervisory personnel shall consist of a qualified Competent Person(s) as defined by OSHA in the Construction Standards and the Asbestos Construction Standard; Contractor Professional Industrial Hygienist and Industrial Hygiene Technicians. These employees are the Contractor's Representatives responsible for compliance with these specifications and all other applicable requirements.
b. Non-supervisory personnel shall consist of an adequate number of qualified personnel to meet the schedule requirements of the project. Personnel shall meet required qualifications. Personnel utilized on-site shall be pre-approved by the VA Representative. A request for approval shall be submitted for any person to be employed during the project giving the person's name; last four digits of social security number; qualifications; accreditation card with color picture, if required by state; Certificate of

Worker's Acknowledgment; and Affidavit of Medical Surveillance and Respiratory Protection and current Respirator Fit Test.

c. Minimum qualifications for Contractor and assigned personnel are:

1) The Contractor has conducted within the last three (3) years, three (3) projects of similar complexity and dollar value as this project; has not been cited and penalized for serious violations of Ffederal (and State as applicable) EPA and OSHA asbestos regulations in the past three (3) years; has adequate liability/occurrence insurance for asbestos work as required by the State; is licensed in applicable States; has adequate and qualified personnel available to complete the work; has comprehensive standard operating procedures for asbestos work; and has adequate materials, equipment and supplies to perform the work.

2) The Competent Person has four (4) years of abatement experience of which two (2) years were as the Competent Person on the project; meets the OSHA definition of a Competent Person; has been the Competent Person on two (2) projects of similar size and complexity as this project within the past three (3) years; has completed EPA AHERA/OSHA/State/Local training requirements/accreditation(s) and refreshers; and has all required OSHA documentation related to medical and respiratory protection.

3) The Contractor Professional Industrial Hygienist/CIH (CPIH/CIH) shall have five (5) years of monitoring experience and supervision of asbestos abatement projects; has participated as senior IH on five (5) abatement projects, three (3) of which are similar in size and complexity as this project; has specialized EPA AHERA/OSHA training in asbestos abatement management, respiratory protection, waste disposal and asbestos inspection; has completed the NIOSH 582 Course or equivalent, Contractor/Supervisor course; and has appropriate medical/respiratory protection records/documentation.

4) The Abatement Personnel shall have completed the EPA AHERA/OSHA abatement worker course; have training on the standard operating procedures of the Contractor; has one year of asbestos abatement experience within the past three (3) years of similar size and complexity; has applicable medical

and respiratory protection documentation; has certificate of training/current refresher and State accreditation/license.

d. All personnel shall be in compliance with OSHA construction safety training as applicable and submit certification.

1.7 RESPIRATORY PROTECTION

A. General - Respiratory Protection Program: The Contractor shall develop and implement a written Respiratory Protection Program (RPP) which is in compliance with OSHA requirements found at 29 CFR 1926.1101 and 29 CFR 1910.134. ANSI Standard Z88.2-2015 provides excellent guidance for developing a respiratory protection program. All respirators used must be NIOSH approved for asbestos abatement activities. The written RPP shall, at a minimum, contain the basic requirements found at 29 CFR 1910.134 (c) - Respiratory Protection Program.

B. Respiratory Protection Program Coordinator: The Respiratory Protection Program Coordinator (RPPC) must be identified and shall have two (2) years of experience coordinating RPP of similar size and complexity. The RPPC must submit a signed statement attesting to the fact that the program meets the above requirements.

C. Selection and Use of Respirators: The procedure for the selection and use of respirators must be submitted to the VA as part of the Contractor's qualifications. The procedure must be written clearly enough for workers to understand. A copy of the Respiratory Protection Program must be available in the clean room of the decontamination unit/area or in the onsite Contractor’s office, for reference by employees or authorized visitors.

D. Minimum Respiratory Protection: Shall be a ½-mask negative pressure air purifying respirator equipped with Combination P100 filters //and Organic Vapor Cartridge//, provided personal air samples in the workplace remain at or below 0.1 f/cc, //and the applicable PEL for solvents,// both// determined as an 8-hour TWA. Full face powered air purifying respirator equipped with P100 filters //and Organic Vapor Cartridge// shall be required until Contractor demonstrates that personal air samples are at or below 0.1 f/cc, //and the applicable PEL for solvents,// //both// determined as an 8-hour TWA. A higher level of respiratory protection shall be required, if fiber levels exceed 1 f/cc as an 8-hour TWA, inside the regulated work area. Respirator selection shall meet the requirements of 29 CFR 1926.1101 (h) and 29 CFR 1910.134

(d)(3)(i)(A) Table 1, except as indicated in this paragraph. Abatement personnel must have a respirator for their exclusive use.

E. Medical Written Opinion: No employee shall be allowed to wear a respirator unless a physician or other licensed health care professional has provided a written determination they are medically qualified to wear the class of respirator to be used on the project while wearing whole body impermeable garments and subjected to heat or cold stress.

F. Respirator Fit Test: All personnel wearing respirators shall have a current qualitative/quantitative fit test which was conducted in accordance with 29 CFR 1910.134 (f) and Appendix A. Quantitative fit tests shall be done for PAPRs which have been put into a failure mode.

G. Respirator Fit Check: The Competent Person shall assure that the positive/negative pressure user seal check is done each time the respirator is donned by an employee. Head coverings must cover respirator head straps. Any situation that prevents an effective facepiece to face seal as evidenced by failure of a user seal check shall preclude that person from entering the regulated area until resolution of the problem.

H. Maintenance and Care of Respirators: The Respiratory Protection Program Coordinator shall submit evidence and documentation showing compliance with 29 CFR 1910.134 (h) Maintenance and Care of Respirators.

1.8 WORKER PROTECTION

A. Training of Abatement Personnel: Prior to beginning any abatement activity, all personnel shall be trained in accordance with OSHA 29 CFR 1926.1101 (k)(9) and any additional State/Local requirements. Training must include, at a minimum, the elements listed at 29 CFR 1926.1101 (k)(9)(viii). Training shall have been conducted by a third party, EPA/State approved trainer meeting the requirements of EPA 40 CFR 763 Appendix C (AHERA MAP). Initial training certificates and current refresher and accreditation proof must be submitted for each person working at the site.

B. Medical Examinations: Medical examinations meeting the requirements of 29 CFR 1926.1101 (m) shall be provided for all personnel working in the regulated area, regardless of exposure levels. A current physician's written opinion as required by 29 CFR 1926.1101 (m)(4) shall be provided for each person and shall include in the medical opinion that the person has been evaluated for working in a heat and cold stress

environment while wearing personal protective equipment (PPE) and is able to perform the work without risk of material health impairment.

C. Personal Protective Equipment: Provide whole body clothing, head coverings, foot coverings and any other personal protective equipment as determined by conducting the hazard assessment required by OSHA at 29 CFR 1910.132 (d). The Competent Person shall ensure the integrity of personal protective equipment worn for the duration of the project. Duct tape shall be used to secure all suit sleeves to wrists and to secure foot coverings at the ankle.

D. Regulated Area Entry Procedure: The Competent Person shall ensure that each time workers enter the regulated area, they //remove// //place protective disposable coverall over// ALL street clothes in the clean room of the decontamination unit/area established by the competent person and put on //new disposable coveralls,// head coverings, fall protection, PPE, a clean respirator, and then proceed to the regulated work area.

E. Decontamination Procedure: The Competent Person shall require all personnel to adhere to following decontamination procedures whenever they leave the regulated area.

1. When exiting the regulated area, //HEPA vacuum and Wet Wipe outer disposable coveralls and respirator//, remove all disposable PPE and dispose of in a disposal bag provided at the outer boundary of the regulated area.
2. Carefully decontaminate and clean the respirator. Put in a clean container/bag.
3. Where containment is not required for ACM removal, an adequate washing station will be provided for the employees for removal of disposable PPE and to clean the respirator.

F. Regulated Area Requirements: The Competent Person shall meet all requirements of 29 CFR 1926.1101 (o) and assure that all requirements for OSHA Class II regulated areas at 29 CFR 1926.1101 (e) and this specification are met applicable to OSHA Class II work. All personnel in the regulated area shall not be allowed to eat, drink, smoke, chew tobacco or gum, apply cosmetics, or in any way interfere with the fit of their respirator.

1.9 DECONTAMINATION FACILITIES

A. Description: Provide each regulated area with a fiber drum with a disposal bag in it for personnel waste materials. The Competent Person

shall provide a specific area at the outer boundary of the regulated area and designate it specifically for the decontamination of personnel and respirators.

SPEC. WRITER NOTE: OSHA does not require a decontamination unit for Class II work.

B. Waste/Equipment Decontamination Area (W/Eda): The Competent Person shall provide a specific area in the regulated area designated for removal of all waste, equipment and contaminated material from the regulated area.

C. Waste/Equipment Decontamination Procedures: Contain all waste in 6-mil poly bags or approved equivalent. Clean/decontaminate bags and pass through a double 6-mil flap doorway into another bag or fiber drum. Remove to disposal dumpster/gondola/enclosed vehicle.

PART 2 - PRODUCTS

2.1 MATERIALS AND EQUIPMENT

A. General Requirements (All Abatement Projects): Prior to the start of work, the contractor shall provide and maintain a sufficient quantity of materials and equipment to assure continuous and efficient work throughout the duration of the project. Work shall not start unless the following items have been delivered to the site and the CPIH/CIH has submitted verification to the VA's Representative.

1. All materials shall be delivered in their original package, container or bundle bearing the name of the manufacturer and the brand name (where applicable).
2. Store all materials subject to damage off the ground, away from wet or damp surfaces and under cover sufficient enough to prevent damage or contamination. Flammable and combustible materials cannot be stored inside buildings. Replacement materials shall be stored inside buildings. Replacement materials shall be stored outside of the regulated area until abatement is completed.
3. The Contractor shall not block or hinder use of buildings by patients, staff, and visitors to the VA in partially occupied buildings by placing materials/equipment in any unauthorized location.
4. The Competent Person shall inspect for damaged, deteriorating or previously used materials. Such materials shall not be used and shall be removed from the worksite and disposed of properly.

5. Critical penetration points into the building shall be sealed with 2-layers of 6-mil independently installed plastic sheeting (Polyethylene) secured in place at openings such as ducts, windows, louvers, penetrations or any other opening into the regulated area. A perimeter drop cloth of 1-layer of 6-mil plastic sheeting will be placed around the outside perimeter of the roof to capture falling debris and to facilitate clean-up at ground level, if necessary. Fire retardant poly shall be used throughout.
6. The method of attaching polyethylene sheeting shall be agreed upon in advance by the Contractor and the VA and selected to minimize damage to equipment and surfaces. Method of attachment may include any combination of moisture resistant duct tape, poly tape, furring strips, spray glue, staples, nails, screws, lumber and plywood for enclosures other effective procedures capable of sealing polyethylene to dissimilar finished or unfinished surfaces under both wet and dry conditions.
7. Polyethylene sheeting utilized for the PDF, if used, shall be opaque white or black in color, 6-mil fire retardant poly.
8. Installation and plumbing hardware, showers, hoses, drain pans, sump pumps and waste water filtration system shall be provided by the Contractor.
9. An adequate number of HEPA vacuums, scrapers, sprayers, nylon brushes, brooms, disposable mops, rags, sponges, staple guns, shovels, ladders and scaffolding of suitable height and length as well as meeting OSHA requirements, fall protection devices, water hose to reach all areas in the regulated area, airless spray equipment, and any other tools, materials or equipment required to conduct the abatement project. All electrically operated hand tools, equipment, electric cords shall be connected to GFCI protection.
10. Special protection for objects in the regulated area shall be detailed to prevent damage from scaffolds, water and falling material).
11. Disposal bags – 2-layers of 6-mil poly or approved equivalent for asbestos waste shall be pre-printed with labels, markings and address as required by OSHA, EPA and DOT regulations.
12. The VA shall be provided an advance copy of the Safety Data Sheets (SDS) as required for all hazardous chemicals under OSHA 29 CFR 1910.1200 - Hazard Communication in the pre-project submittal.

Chlorinated compounds shall not be used with any spray adhesive, mastic remover or other product. Appropriate encapsulant(s) shall be provided.

13. OSHA DANGER demarcation signs, as many and as required by OSHA 29 CFR 1926.1101(k)(7) shall be provided and placed by the Competent Person. All other posters and notices required by Federal, State and Local regulations shall be posted at the outer boundary of the regulated area or approved equivalent.
14. Adequate and appropriate PPE for the project and number of personnel/shifts shall be provided. All personal protective equipment issued must be based on a written hazard assessment conducted under 29 CFR 1910.132(d).

2.2 CONTAINMENT BARRIERS AND COVERINGS IN THE REGULATED AREA

A. General: Using critical barriers, seal off the regulated area to completely isolate the regulated area from adjacent spaces. All penetrations to the regulated area must be covered with 2-layers of 6-mil fire retardant poly to prevent contamination and to facilitate clean-up. Should adjacent areas become contaminated, immediately stop work and clean up the contamination at no additional cost to the Government. Provide firestopping and identify all fire barrier penetrations due to abatement work as specified in Section 2.2.7; FIRESTOPPING.

B. Preparation Prior to Sealing the Regulated Area: Place all tools, scaffolding, materials and equipment needed for working in the regulated area prior to erecting any plastic sheeting. Lock out and tag out any HVAC systems in the regulated area.

C. Controlling Access to the Regulated Area: Access to the regulated area is allowed only at the Competent Person’s designated location and shall serve as a personnel decontamination facility (PDF)/Area, if required. All other means of access shall be eliminated and OSHA Danger demarcation signs posted as required by OSHA.

D. Critical Barriers: Critical penetration points into the building shall be sealed with 2-layers of 6-mil independently installed plastic sheeting (Polyethylene) secured in place at openings such as ducts, windows, louvers, penetrations or any other opening into the regulated area.

E. Secondary Barriers: A perimeter drop cloth of 1-layer of 6-mil plastic sheeting will be placed around the outside perimeter of the roof to

capture falling debris and to facilitate clean-up at ground level, if necessary.

F. Extension of the Regulated Area: If the enclosure of the regulated area is breached in any way that could allow contamination to occur, the affected area shall be included in the regulated area and constructed as per this section. If the affected area cannot be added to the regulated area, decontamination measures must be started immediately and continue until air monitoring indicates background levels are met.

G. Firestopping:
   1. Through penetrations caused by cables, cable trays, pipes, ducts, sleeves must be firestopped with a fire-rated firestop system providing an air tight seal.
   2. Firestop materials that are not equal to the wall or ceiling penetrated shall be brought to the attention of the VA Representative. The Contractor shall list all areas of penetration, the type of sealant used, and whether or not the location is fire rated. Any discovery of penetrations during abatement shall be brought to the attention of the VA Representative immediately. All walls, floors and ceilings are considered fire rated unless otherwise determined by the VA Representative or Fire Marshall.
   3. Any visible openings whether or not caused by a penetration shall be reported by the Contractor to the VA Representative for a sealant system determination. Firestops shall meet ASTM E814 and UL 1479 requirements for the opening size, penetrant, and fire rating needed.

H. Scope of Services of the VPIH/CIH Consultant:
   1. The purpose of the work of the VPIH/CIH is to: assure quality; adherence to the specification; resolve problems; prevent the spread of contamination beyond the regulated area; and assure clearance at the end of the project. In addition, their work includes performing the final inspection and testing to determine whether the regulated area or building has been adequately decontaminated. All air monitoring is to be done utilizing PCM/TEM. The VPIH/CIH will perform the following tasks:
      a. Task 1: Establish background levels before abatement begins by collecting background samples. Retain samples for possible TEM analysis.

b. Task 2: Perform representative air monitoring, inspection, and testing outside the regulated area during actual abatement work to detect any faults in the regulated area isolation and any adverse impact on the surroundings from regulated area activities.
c. Task 3: Perform unannounced visits to spot check overall compliance of work with contract/specifications. These visits may include any inspection, monitoring, and testing inside and outside the regulated area and all aspects of the operation except personnel monitoring.
d. Task 4: Provide support to the VA Representative such as evaluation of submittals from the Contractor, resolution of conflicts, interpret data, etc.
e. Task 5: Perform, in the presence of the VA Representative, final inspection and testing of a decontaminated regulated area at the conclusion of the abatement to certify compliance with all regulations and VA requirements/specifications.
f. Task 6: Issue certificate of decontamination for each regulated area and project report.

SPEC WRITER NOTE: Buildings which will be totally demolished must have abatement plans approved by the VPIH/CIH consultant and be periodically inspected for compliance. See Section 02 82 13.41, ASBESTOS ABATEMENT FOR TOTAL DEMOLITION PROJECTS.

2. All documentation, inspection results and testing results generated by the VPIH/CIH will be available to the Contractor for information and consideration. The Contractor shall cooperate with and support the VPIH/CIH for efficient and smooth performance of their work.
3. The monitoring and inspection results of the VPIH/CIH will be used by the VA to issue any Stop Removal orders to the Contractor during abatement work and to accept or reject a regulated area or building as decontaminated.

I. Monitoring, Inspection and Testing by Contractor CPIH/CIH: The Contractor’s CPIH/CIH is responsible for managing all monitoring, inspections, and testing required by these specifications, as well as any and all regulatory requirements adopted by these specifications. The CPIH/CIH is responsible for the continuous monitoring of all

subsystems and procedures which could affect the health and safety of the Contractor's personnel. Safety and health conditions and the provision of those conditions inside the regulated area for all persons entering the regulated area is the exclusive responsibility of the Contractor/Competent Person. The person performing the personnel and area air monitoring inside the regulated area shall be an IH Technician, who shall be trained and shall have specialized field experience in sampling and analysis. The IH Technician shall have successfully completed a NIOSH 582 Course or equivalent and provide documentation. The IH Technician shall participate in the AIHA Asbestos Analysis Registry or participate in the Proficiency Analytical Testing program of AIHA for fiber counting quality control assurance. The IH Technician shall also be an accredited EPA AHERA/State Contractor/Supervisor and Building Inspector. The IH Technician shall have participated in five abatement projects collecting personal and area samples and have experience in substantially similar projects in size and scope. The analytical laboratory used by the Contractor to analyze the samples shall be AIHA accredited for asbestos PAT and approved by the VA prior to start of the project. A daily log shall be maintained by the CPIH/CIH or IH Technician, documenting all OSHA requirements for personal and area air monitoring for asbestos in 29 CFR 1926.1101(f), (g) and Appendix A. This log shall be made available to the VA Representative and the VPIH/CIH upon request. The log will contain, at a minimum, information on personnel or area samples, other persons represented by the sample, the date of sample collection, start and stop times for sampling, sample volume, flow rate, and fibers/cc. The CPIH/CIH shall collect and analyze samples for each representative job being done in the regulated area, i.e., removal, wetting, clean-up, and load-out. No fewer than two (2) personal air samples or 25 percent of representative workforce per shift shall be collected, whichever is greater, in the regulated area; a minimum of three (3) area air samples at locations inside the building but immediately outside the regulated work area; one (1) area air sample shall be collected daily in the Clean Room of the PDF; and one (1) area air sample shall be collected daily at the approximate location of HEPA exhaust discharge. In addition to the continuous monitoring required, the CPIH/CIH will perform inspection and testing at the final stages of abatement for each regulated area as specified in the CPIH/CIH responsibilities.

Additionally, the CPIH/CIH will monitor and record pressure readings within the containment daily with a minimum of two readings at the beginning and at the end of a shift, and submit the data in the daily report.

2.3 MONITORING, INSPECTION AND TESTING

A. General:

1. Perform throughout abatement work monitoring, inspection and testing inside and around the regulated area in accordance with the OSHA requirements and these specifications. OSHA requires that the employee exposure to asbestos must not exceed 0.1 fiber per cubic centimeter (f/cc) of air, averaged over an 8-hour work shift. The CPIH/CIH is responsible for and shall inspect and oversee the performance of the Contractor IH Technician. The IH Technician shall continuously inspect and monitor conditions inside the regulated area to ensure compliance with these specifications. In addition, the CPIH/CIH shall personally manage air sample collection, analysis, and evaluation for personnel, regulated area, and //insert number of samples, if any// daily area air samples inside the building, but outside the regulated area. At a minimum three (3) perimeter area air samples shall be collected daily at the ground level around the regulated area perimeter, preferably downwind of the regulated work area. Additional inspection and testing requirements are also indicated in other parts of this specification.
2. The VA will employ an independent industrial hygienist (VPIH/CIH) consultant and/or use its own IH to perform various services on behalf of the VA. The VPIH/CIH will perform representative monitoring, inspection, testing, and other support services to ensure that VA patients, employees, and visitors will not be adversely affected by the abatement work, and that the abatement work proceeds in accordance with these specifications, that the abated areas or abated buildings have been successfully decontaminated. The work of the VPIH/CIH consultant in no way relieves the Contractor from their responsibility to perform the work in accordance with contract/specification requirements, to perform continuous inspection, monitoring and testing for the safety of their employees, and to perform other such services as specified. The cost of the VPIH/CIH and their services will be borne by the VA

except for any repeat of final inspection and testing that may be required due to unsatisfactory initial results. Any repeated final inspections and/or testing, if required, will be paid for by the Contractor.

3. If fibers counted by the VPIH/CIH during abatement work, either inside or outside the regulated area, utilizing the NIOSH 7400 air monitoring method, exceed the specified respective limits, the Contractor shall stop work. The Contractor may request confirmation of the results by analysis of the samples by TEM. Request must be in writing and submitted to the VA's Representative. Cost for the confirmation of results will be borne by the Contractor for both the collection and analysis of samples and for the time delay that may/does result for this confirmation. Confirmation sampling and analysis will be the responsibility of the CPIH/CIH with review and approval of the VPIH/CIH. An agreement between the CPIH/CIH and the VPIH/CIH shall be reached on the exact details of the confirmation effort, in writing, including such things as the number of samples, location, collection, quality control on-site, analytical laboratory, interpretation of results and any follow-up actions. This written agreement shall be co-signed by the IH's and delivered to the VA's Representative.

B. Scope Of Services of the VPIH/CIH Consultant

1. The purpose of the work of the VPIH/CIH is to: assure quality; resolve problems; and prevent the spread of contamination beyond the regulated area. In addition, their work includes performing the final inspection and testing to determine whether the regulated area or building has been adequately decontaminated. All air monitoring is to be done utilizing PCM/TEM. The VPIH/CIH will perform the following tasks:
   a. Task 1: Establish background levels before abatement begins by collecting background samples. Retain samples for possible TEM analysis.//
   b. Task 2: Perform representative air monitoring, inspection, and testing outside the regulated area during actual abatement work to detect any faults in the regulated area isolation and any adverse impact on the surroundings from regulated area activities.//

c. Task 3: Perform unannounced visits to spot check overall compliance of work with contract/specifications. These visits may include any inspection, monitoring, and testing inside and outside the regulated area and all aspects of the operation except personnel monitoring.

d. Task 4: Provide support to the VA Representative such as evaluation of submittals from the Contractor, resolution of unforeseen developments, etc.

e. Task 5: Perform, in the presence of the VA Representative, final inspection and testing of a decontaminated regulated area or building at the conclusion of the abatement and clean-up work to certify compliance with all regulations and the VA requirements/specifications.

f. Task 6: Issue certificate of decontamination for each regulated area or building and project report.

SPEC WRITER NOTE: Buildings which will be totally demolished must have abatement plans approved by the VPIH/CIH consultant and be periodically inspected for compliance. See Section 02 82 13.41, ASBESTOS ABATEMENT FOR TOTAL DEMOLITION PROJECTS.

2. All documentation, inspection results and testing results generated by the VPIH/CIH will be available to the Contractor for information and consideration. The Contractor shall cooperate with and support the VPIH/CIH for efficient and smooth performance of their work.

3. The monitoring and inspection results of the VPIH/CIH will be used by the VA to issue any Stop Removal orders to the Contractor during abatement work and to accept or reject a regulated area or building as decontaminated.

C. Monitoring, Inspection and Testing by Contractor CPIH: The Contractor’s CPIH/CIH is responsible for managing all monitoring, inspections, and testing required by these specifications, as well as any and all regulatory requirements adopted by these specifications. The CPIH/CIH is responsible for the continuous monitoring of all subsystems and procedures which could affect the health and safety of the Contractor’s personnel. Safety and health conditions and the provision of those conditions inside the regulated area for all persons entering the regulated area is the exclusive responsibility of the Contractor/Competent Person. The person performing the personnel and

area air monitoring inside the regulated area shall be an IH Technician, who shall be trained and shall have specialized field experience in sampling and analysis. The IH Technician shall have successfully completed a NIOSH 582 Course or equivalent and provide documentation. The IH Technician shall participate in the AIHA Asbestos Analysis Registry or participate in the Proficiency Analytical Testing program of AIHA for fiber counting quality control assurance. The IH Technician shall also be an accredited EPA AHERA/State Contractor/Supervisor and Building Inspector. The IH Technician shall have participated in five abatement projects collecting personal and area samples and have experience in substantially similar projects in size and scope. The analytical laboratory used by the Contractor to analyze the samples shall be AIHA accredited for asbestos PAT and approved by the VA prior to start of the project. A daily log shall be maintained by the CPIH/CIH or IH Technician, documenting all OSHA requirements for personal and area air monitoring for asbestos in 29 CFR 1926.1101 (f), (g) and Appendix A. This log shall be made available to the VA Representative and the VPIH/CIH upon request. The log will contain, at a minimum, information on personnel or area samples, other persons represented by the sample, the date of sample collection, start and stop times for sampling, sample volume, flow rate, and fibers/cc. The CPIH/CIH shall collect and analyze samples for each Representative job being done in the regulated area, i.e., removal, wetting, clean-up, and load-out. The CPIH/CIH shall personally manage air sample collection, analysis, and evaluation for personnel, regulated area, and //insert number of samples, if any// daily area air samples inside the building, but outside the regulated area. At a minimum three (3) perimeter area air samples shall be collected daily at the ground level around the regulated area perimeter, preferably downwind of the regulated work area. In addition to the continuous monitoring required, the CPIH/CIH will perform inspection and testing at the final stages of abatement for each regulated area as specified in the CPIH/CIH responsibilities.

2.4 ASBESTOS HAZARD ABATEMENT PLAN

A. The Contractor shall have an established Asbestos Hazard Abatement Plan (AHAP) in printed form and loose leaf folder consisting of simplified text, diagrams, sketches, and pictures that establish and explain clearly the ways and procedures to be followed during all phases of the

work by the Contractor's personnel. The AHAP must be modified as needed to address specific requirements of the project. The AHAP shall be submitted for review and approval prior to the start of any abatement work. The minimum topics and areas to be covered by the AHAP(s) are:

1. Minimum Personnel Qualifications
2. Contingency Plans and Arrangements
3. Security and Safety Procedures
4. Respiratory Protection/Personal Protective Equipment Program and Training
5. Medical Surveillance Program and Recordkeeping
6. Regulated Area Requirements for Abatement
7. Decontamination Entry/Exit Procedures
8. Monitoring, Inspections, and Testing
9. Disposal of ACM waste
10. Regulated Area Decontamination/Clean-up
11. Regulated Area Visual and Air Clearance
12. Project Completion/Closeout

2.5 SUBMITTALS

A. Pre-Start Meeting Submittals:

1. Submit to the VA a minimum of 14 days prior to the pre-start meeting the following for review and approval. Meeting this requirement is a prerequisite for the pre-start meeting for this project:
   a. Submit a detailed work schedule for the entire project reflecting contract documents and the phasing/schedule requirements from the CPM chart.
   b. Submit a staff organization chart showing all personnel who will be working on the project and their capacity/function. Provide their qualifications, training, accreditations, and licenses, as appropriate. Provide a copy of the "Certificate of Worker's Acknowledgment" and the "Affidavit of Medical Surveillance and Respiratory Protection" for each person.
   c. Submit Asbestos Hazard Abatement Plan developed specifically for this project, incorporating the requirements of the specifications, prepared, signed and dated by the CPIH/CIH.
   d. Submit the specifics of the materials and equipment to be used for this project with manufacturer names, model numbers, performance characteristics, pictures/diagrams, and number available for the following:

1) HEPA vacuums, air monitoring pumps, calibration devices, and emergency power generating system.
2) Waste water filtration system and containment barriers.
3) Encapsulants, surfactants, hand held sprayers, airless sprayers, and fire extinguishers.
4) Respirators, protective clothing, fall protection and other required personal protective equipment.
5) Fire safety equipment to be used in the regulated area.

e. Submit the name, location, and phone number of the approved landfill; proof/verification the landfill is approved for ACM disposal; the landfill's requirements for ACM waste; the type of vehicle to be used for transportation; and name, address, and phone number of subcontractor, if used. Proof of asbestos training for transportation personnel shall be provided.
f. Submit required notifications and arrangements made with regulatory agencies having regulatory jurisdiction and the specific contingency/emergency arrangements made with local health, fire, ambulance, hospital authorities and any other notifications/arrangements.
g. Submit the name, location and verification of the laboratory and/or personnel to be used for analysis of air and/or bulk samples. Personal air monitoring must be done in accordance with OSHA 29 CFR 1926.1101 (f) and Appendix A. Area or clearance air monitoring shall be conducted in accordance with EPA AHERA protocols.
h. Submit qualifications verification: Submit the following evidence of qualifications. Make sure that all references are current and verifiable by providing current phone numbers and documentation.
1) Asbestos Abatement Company: Project experience within the past 3 years; listing projects first most similar to this project: Project Name; Type of Abatement; Duration; Cost; Reference Name/Phone Number; Final Clearance; and Completion Date
2) List of project(s) halted by owner, A/E, IH, regulatory agency in the last 3 years: Project Name; Reason; Date; Reference Name/Number; Resolution
3) List asbestos regulatory citations (e.g., OSHA), notices of violations (e.g., Federal, State and Local EPA), penalties, and legal actions taken against the company including the

company's officers (including damages paid) in the last 3 years. Provide copies and all information needed for verification.

i. Submit information on personnel: Provide a resume; address each item completely; copies of certificates, accreditations, and licenses. Submit an affidavit signed by the CPIH/CIH stating that all personnel submitted below have medical records in accordance with OSHA 29 CFR 1926.1101(m) and that the company has implemented a medical surveillance program and written respiratory protection program, and maintains recordkeeping in accordance with the above regulations. Submit the phone number and doctor/clinic/hospital used for medical evaluations.
   1) CPIH/CIH and IH Technician: Name; years of abatement experience; list of projects similar to this one; certificates, licenses, accreditations for proof of AHERA/OSHA specialized asbestos training; professional affiliations; medical opinion; and current respirator fit test.
   2) Competent Person(s)/Supervisor(s): Number; names; last four digits of social security numbers; years of abatement experience as Competent Person/Supervisor; list of similar projects in size/complexity as Competent Person/Supervisor; as a worker; certificates, licenses, accreditations; proof of AHERA/OSHA specialized asbestos training; maximum number of personnel supervised on a project; medical opinion (asbestos surveillance and respirator use); and current respirator fit test.
   3) Workers: Numbers; names; last four digits of social security numbers; years of abatement experience; certificates, licenses, accreditations; training courses in asbestos abatement and respiratory protection; medical opinion (asbestos surveillance and respirator use); and current respirator fit test.

j. Submit copies of State license for asbestos abatement; copy of insurance policy, including exclusions with a letter from agent stating in plain language the coverage provided and the fact that asbestos abatement activities are covered by the policy; copy of AHAP(s) incorporating the requirements of this specification; information on who provides your training, how often; who

provides medical surveillance, how often; who performs and how is personal air monitoring of abatement workers conducted; a list of references of independent laboratories/IH's familiar with your air monitoring and standard operating procedures; and copies of monitoring results of the five referenced projects listed and analytical methods used.

k. Rented equipment must be decontaminated prior to returning to the rental agency.

l. Submit, before the start of work, the manufacturer's technical data for all types of encapsulants, all SDS and application instructions.

B. Submittals During Abatement:

1. The Competent Person shall maintain and submit a daily log at the regulated area documenting the dates and times of the following: purpose, attendees and summary of meetings; all personnel entering/exiting the regulated area; document and discuss the resolution of unusual events such as barrier breeching, equipment failures, emergencies, and any cause for stopping work; Representative air monitoring and results/TWAs/ELs. Submit this information daily to the VA’s Representative.

2. The CPIH/CIH shall document and maintain the inspection and approval of the regulated area preparation prior to start of work and daily during work.

a. Removal of any poly barriers.

b. Visual inspection/testing by the CPIH/CIH or IH Technician prior to application of lockdown encapsulant, if used.

c. Packaging and removal of ACM waste from regulated area.

d. Disposal of ACM waste materials; copies of Waste Shipment Records/landfill receipts to the VA's Representative on a weekly basis.

C. Submittals at Completion of Abatement: The CPIH/CIH shall submit a project report consisting of the daily log book requirements and documentation of events during the abatement project including Waste Shipment Records signed by the landfill's agent. It will also include information on the containment and transportation of waste from the containment with applicable Chain of Custody forms. The report shall include a certificate of completion, signed and dated by the CPIH/CIH, in accordance with Attachment #1. All clearance and perimeter area

samples must be submitted. The VA Representative will retain the abatement report after completion of the project and provide copies of the abatement report to VAMC Office of Engineer and the Safety Office.

PART 3 - EXECUTION

3.1 REGULATED AREA PREPARATIONS

A. Pre-Abatement Activities: The VA Representative, upon receipt, review, and substantial approval of all pre-abatement submittals and verification by the CPIH/CIH that all materials and equipment required for the project are on the site, will arrange for a pre-abatement meeting between the Contractor, the CPIH/CIH, Competent Person, the VA Representative, and the VPIH/CIH. The purpose of the meeting is to discuss any aspect of the submittals needing clarification or amplification and to discuss any aspect of the project execution and the sequence of the operation. The Contractor shall be prepared to provide any supplemental information/documentation to the VA's Representative regarding any submittals, documentation, materials or equipment. Upon satisfactory resolution of any outstanding issues, the VA's Representative will issue a written order to proceed to the Contractor. No abatement work of any kind described in the following provisions shall be initiated prior to the VA written order to proceed.

B. Pre-Abatement Inspections and Preparations:

1. Before any work begins on the construction of the regulated area, the Contractor will:

   a. Conduct a space-by-space inspection with an authorized VA Representative and prepare a written inventory of all existing damage in those spaces where asbestos abatement will occur. Still or video photography may be used to supplement the written damage inventory. Document will be signed and certified as accurate by both parties.

   b. The VA Representative, the Contractor, and the VPIH/CIH must be aware of VA AEQA 10-95 indicating the failure to identify asbestos in the areas listed as well as common issues when preparing specifications and contract documents. This is especially critical when demolition is planned, because AHERA surveys are non-destructive, and ACM may remain undetected. A NESHAP (destructive) ACM inspection shall be conducted on all building structures that will be demolished. Ensure the following areas are inspected on the project: Lay-in ceilings concealing

ACM; ACM behind walls/windows from previous renovations; inside utility chases/walls; transite piping/ductwork/sheets; behind radiators; lab fume hoods; transite lab countertops; roofing materials; //fireproofing on deck below roofing materials requires significant consideration// below window sills; water/sewer lines; electrical conduit coverings; crawl spaces(previous abatement contamination); flooring/mastic covered by carpeting/new flooring; exterior insulated wall panels; on underground fuel tanks; steam line trench coverings.

c. Inspect existing firestopping in the regulated area. Correct as needed.

C. Pre-Abatement Construction and Operations:

1. Perform all preparatory work for the first regulated area in accordance with the approved work schedule and with this specification.
2. Upon completion of all preparatory work, the CPIH/CIH will inspect the work and systems and will notify the VA's Representative when the work is completed in accordance with this specification. The VA's Representative may inspect the regulated area and the systems with the VPIH/CIH and may require that upon satisfactory inspection, the Contractor's employees perform all major aspects of the approved SOP's, especially worker protection, fall protection, respiratory systems, contingency plans, decontamination procedures, and monitoring to demonstrate satisfactory operation.
3. The CPIH/CIH shall document the pre-abatement activities described above and deliver a copy to the VA's Representative.
4. Upon satisfactory inspection of the installation of and operation of systems the VA's Representative will notify the Contractor in writing to proceed with the asbestos abatement work in accordance with this specification.

3.2 REGULATED AREA PREPARATIONS

A. OSHA Danger Signs: Post OSHA DANGER signs meeting the specifications of OSHA 29 CFR 1926.1101 at any location and approaches to the regulated area where airborne concentrations of asbestos may exceed ambient background levels. Signs shall be posted at a distance sufficiently far enough away from the regulated area to permit any personnel to read the sign and take the necessary measures to avoid exposure. Additional

signs will be posted following construction of the regulated area enclosure.

B. Shut Down - Lock Out Electrical: Shut down and lock out/tag out electric power to the regulated area. Provide temporary power and lighting (if working at night). Insure safe installation including GFCI of temporary power sources and equipment by compliance with all applicable electrical code requirements and OSHA requirements for temporary electrical systems. Electricity shall be provided by the VA.

C. Shut Down - Lock Out HVAC:

1. Shut down and lock out/tag out heating, cooling, and air conditioning system (HVAC) components that are in, supply or pass through the regulated area.
2. Investigate the regulated area and agree on pre-abatement condition with the VA's Representative. Seal all intake and exhaust vents in the regulated area with duct tape and 2-layers of independently installed 6-mil poly. Also, seal any seams in system components that pass through the regulated area. Remove all contaminated HVAC system filters and place in labeled 6-mil poly disposal bags for disposal as asbestos waste.

D. Sanitary Facilities: The Contractor shall provide sanitary facilities for abatement personnel and maintain them in a clean and sanitary condition throughout the abatement project.

E. Water for Abatement: The VA will provide water for abatement purposes. The Contractor shall connect to the existing VA system. The service to the shower, if used, shall be supplied with backflow prevention.

SPEC WRITER NOTE: Typically roofing abatement projects will OMIT this Section F.

F. Pre-Cleaning Movable Objects:

1. Pre-cleaning of ACM contaminated items shall be performed after the enclosure has been erected and negative pressure has been established in the work area. After items have been pre-cleaned and decontaminated, they may be removed from the work area for storage until the completion of abatement in the work area.
2. Pre-clean all movable objects within the regulated area using a HEPA filtered vacuum and wet cleaning methods as appropriate. After cleaning, these objects shall be removed from the regulated area and carefully stored in an uncontaminated location.

SPEC WRITER NOTE: Typically roofing abatement projects will OMIT this Section G.

G. Pre-Cleaning Fixed Objects:

1. Pre-cleaning of ACM contaminated items shall be performed after the regulated area has been established. PPE must be donned during all pre-cleaning activities.
2. Pre-clean all surfaces in the regulated area using HEPA filtered vacuums and wet cleaning methods as appropriate. Do not use any methods that would raise dust such as dry sweeping or vacuuming with equipment not equipped with HEPA filters. Do not disturb asbestos-containing materials during this pre-cleaning phase.

SPEC WRITER NOTE: Typically roofing abatement projects will OMIT this Section H.

H. PRE-CLEANING SURFACES IN THE REGULATED AREA

1. Pre-cleaning of ACM contaminated items shall be performed after the regulated area has been established. PPE must be donned during all pre-cleaning activities.
2. Pre-clean all surfaces in the regulated area using HEPA filtered vacuums and wet cleaning methods as appropriate. Do not use any methods that would raise dust such as dry sweeping or vacuuming with equipment not equipped with HEPA filters. Do not disturb asbestos-containing materials during this pre-cleaning phase.

3.3 CONTAINMENT BARRIERS AND COVERINGS IN THE REGULATED AREA:

A. General: Using critical barriers, seal off the perimeter to the regulated area to completely isolate the regulated area from adjacent spaces. All penetrations in the regulated area must be covered with 2-layers of independently installed 6-mil fire retardant poly to prevent contamination and to facilitate clean-up. Should adjacent areas become contaminated, immediately stop work and clean up the contamination at no additional cost to the Government

B. Preparation Prior To Sealing Off: Place all tools, scaffolding, materials and equipment needed for working in the regulated area prior to erecting any plastic sheeting. Lock out and tag out any HVAC systems in the regulated area.

C. Controlling Access to the Regulated Area: Access to the regulated area is allowed only at the Competent Person’s designated location and shall serve as a personnel decontamination facility (PDF)/Area, if required.

All other means of access shall be eliminated and OSHA Danger demarcation signs posted as required by OSHA.

D. Critical Barriers: Critical penetration points into the building shall be sealed with 2-layers of 6-mil independently installed plastic sheeting (Polyethylene) secured in place at openings such as ducts, windows, louvers, penetrations or any other opening into the regulated area.

E. Extension of the Regulated Area: If the enclosure of the regulated area is breached in any way that could allow contamination to occur, the affected area shall be included in the regulated area and constructed as per this section. If the affected area cannot be added to the regulated area, decontamination measures must be started immediately and continue until air monitoring indicates background levels are met

3.4 REMOVAL OF OSHA CLASS II AND EPA CATEGORY I ROOFING

A. General: The VA must be notified at least 24 hours in advance of any waste removed from the containment. All applicable requirements of OSHA, EPA, State, Local and DOT shall be followed during Class II work. Keep materials intact; do not disturb; wet while working with it; wrap as soon as possible with 2-layers of 6-mil plastic for disposal or approved equivalent

B. Outdoor Work Areas: On some projects, work must be performed on exterior areas of the building. If outdoor work is to be performed, all applicable OSHA, State and Local regulations must be followed to ensure that outdoor work areas are in compliance so that workers, the general public and the environment are protected.

C. Scaffold Fall Protection: Each employee more than 10 feet above a lower level shall be protected from falls by guardrails or a fall arrest system. Fall arrest system includes harnesses, components of the harness/belt such as Dee-rings, and snap hooks, lifelines, and anchorage points. Lifelines must be independent of supports lines and suspension ropes and not attached to the same anchorage point as the support or suspension rope. OSHA’s scaffolding standard defines a competent person as “one who is capable of identifying existing and predictable hazards in the surroundings or working conditions, which are unsanitary, hazardous to employees, and who has authorization to take prompt corrective measures to eliminate them.” The competent person will determine if it is safe for employees to work on or from a scaffold or roof during storms or high winds and to ensure that a

personal fall arrest system will protect the employees. The competent person will also inspect the scaffold and scaffold components for visible defects before each work shift and after any occurrence which could affect the structural integrity and to authorize prompt corrective measures.

D. Roof Fall Protection: The competent person shall determine if the walking/working surfaces on which the employees are to work have the strength and structural integrity to support the employees safely. Each employee on a walking/working surface (horizontal and vertical surface) with an unprotected side or edge which is 6 feet or more above a lower level shall be protected from falling by the use of guardrail systems, safety net systems, or personal fall arrest system.

E. Removal of Roofing:

1. Roofing material shall be removed in an intact state to the extent that it is feasible.
2. Wet methods shall be used to remove roofing materials that are not intact, or that will be rendered not intact during removal, unless such wet methods are not feasible or will create safety hazards.
3. Cutting machines shall be continuously misted during use, unless a competent person determines that misting substantially decreases worker safety.
4. When removing built-up roofs with asbestos-containing roofing felts and an aggregate surface using a power roof cutter, all dust resulting from the cutting operation shall be collected by a HEPA dust collector, or shall be HEPA vacuumed by vacuuming along the cut line. When removing built-up roofs with asbestos-containing roofing felts and a smooth surface using a power roof cutter, the dust resulting from the cutting operation shall be collected either by a HEPA dust collector or HEPA vacuuming along the cut line, or by gently sweeping and then carefully and completely wiping up the still-wet dust and debris left along the cut line.
5. Asbestos-containing material that has been removed from a roof shall not be dropped or thrown to the ground. Unless the material is carried or passed to the ground by hand, it shall be lowered to the ground via covered, dust-tight chute, crane or hoist.
6. Any ACM that is not intact shall be lowered to the ground as soon as is practicable, but in any event no later than the end of the work shift. While the material remains on the roof it shall either be

kept wet, placed in an impermeable waste bag, or wrapped in plastic sheeting.

7. Intact ACM shall be lowered to the ground as soon as is practicable, but in any event no later than the end of the work shift.
8. Upon being lowered, unwrapped material shall be transferred to a closed receptacle in such manner so as to preclude the dispersion of dust.
9. Roof level heating and ventilation air intake sources shall be isolated or the ventilation system shall be shut down //or both//. The sealing of air intake sources shall be coordinated with VA Facility Engineering Personnel and occupant location to ensure acceptable IAQ is maintained within the facility as per ASHRAE Standard 1955.
10. Notwithstanding any other provision of this section, removal or repair of sections of intact roofing less than 25 square feet in area does not require use of wet methods or HEPA vacuuming as long as manual methods which do not render the material non-intact are used to remove the material and no visible dust is created by the removal method used. In determining whether a job involves less than 25 square feet, the employer shall include all removal and repair work performed on the same roof on the same day.

F. All waste must be wrapped in two layers of 6-mil poly or approved equivalent and lowered carefully to the ground. Roofing may be lowered by way of a dust-tight chute.

3.5 DISPOSAL OF OSHA CLASS II AND EPA CATEGORY I WASTE MATERIAL

A. General: Dispose of waste ACM and debris which is packaged in accordance with these specifications, OSHA, EPA and DOT. The landfill requirements for packaging must also be met. Transport will be in compliance with 49 CFR 171–180 regulations. Disposal shall be done at an approved landfill in accordance with State and Local requirements, which are generally more restrictive than Federal EPA. Disposal of non-friable ACM shall be done in accordance with applicable State and Local regulations.

3.6 PROJECT DECONTAMINATION

A. General:

1. The entire work related to project decontamination shall be performed under the close supervision and monitoring of the CPIH/CIH.

2. If the asbestos abatement work is in an area which was contaminated prior to the start of abatement, the decontamination will be done by cleaning the primary barrier poly prior to its removal and cleanings of the surfaces of the regulated area after the primary barrier removal.
3. If the asbestos abatement work is in an area which was uncontaminated prior to the start of abatement, the decontamination will be done by cleaning the primary barrier poly prior to its removal, thus preventing contamination of the building when the regulated area critical barriers are removed.

B. Regulated Area Clearance: Air testing and other requirements which must be met before release of the Contractor and re-occupancy of the regulated area space are specified in Final Testing Procedures.

C. Work Description: Decontamination includes the cleaning and clearance of the air in the regulated area and the decontamination and removal of the enclosures/facilities installed prior to the abatement work including primary/critical barriers, PDF and W/EDF facilities, if used.

D. Pre-Decontamination Conditions:
1. Before decontamination starts, all ACM waste from the regulated area shall be removed, all waste collected and removed, and the secondary barrier of poly removal and disposed of along with any gross debris generated by the work.
2. At the start of decontamination, the following shall be in place:
   a. Critical barriers at openings such as ducts, windows, louvers, penetrations or any other opening into the regulated area.
   b. Decontamination facilities, if required for personnel and equipment in operating condition.

E. Cleaning: Carry out a first cleaning of all surfaces of the regulated area including items of remaining poly sheeting, tools, scaffolding, ladders/staging by wet methods and HEPA vacuuming. Do not use dry dusting/sweeping/air blowing methods. Use each surface of a wetted cleaning cloth one time only and then dispose of as contaminated waste. Continue this cleaning until there is no visible residue from abated surfaces or poly or other surfaces. Remove all filters in the air handling system and dispose of as ACM waste in accordance with these specifications.

3.7 VISUAL INSPECTION AND AIR CLEARANCE TESTING

A. General: Notify the VA Representative 24 hours in advance for the performance of the final visual inspection and testing. The final visual inspection and testing will be performed by the VPIH/CIH after the cleaning.

B. Visual Inspection: Final visual inspection will include the entire regulated area, all poly sheeting, seals over ducts, windows, louvers, penetrations or any other opening into the regulated area. If any debris, residue, dust or any other suspect material is detected, the cleaning shall be repeated at no additional cost to the VA. Dust/ material samples may be collected and analyzed at no additional cost to the VA at the discretion of the VPIH/CIH to confirm visual findings. When the regulated area is visually clean the final testing can be done.

C. Air Clearance Testing:

1. After an acceptable final visual inspection by the VPIH/CIH and VA Representative, the VPIH/CIH will perform the final clearance testing. Air samples will be collected and analyzed in accordance with procedures for AHERA, for this project, five (5) PCM samples shall be collected for clearance and a minimum of two field blank
2. If the results of the PCM are acceptable, remove the critical barriers. Any small quantities of residue material found upon removal of the poly shall be removed with a HEPA vacuum and localized isolation. If significant quantities are found as determined by the VPIH/CIH, then the entire area affected shall be cleaned as specified in the final cleaning.
3. If release criteria are met, proceed to perform the abatement closeout and to issue the certificate of completion in accordance with these specifications.

D. Final Air Clearance Procedures:

1. Contractor's Release Criteria: Work in a regulated area is complete when the regulated area is visually clean and airborne fiber levels have been reduced to or below 0.01 f/cc, as measured by PCM methods.
2. Air Monitoring and Final Clearance Sampling: To determine if the elevated airborne fiber counts encountered during abatement operations have been reduced to the specified level, the VPIH/CIH will secure samples and analyze them according to the following procedures:

a. Fibers Counted: "Fibers" referred to in this section shall be either all fibers regardless of composition as counted in the NIOSH 7400 PCM method.

b. All clearance air testing samples shall be collected on 0.8µ MCE filters for PCM analysis. Air samples will be collected in areas subject to normal air circulation. A minimum of 5 PCM samples will be collected with at least 3850 Liters of air sampled. All results must be less than 0.01 f/cc for clearance.

3.8 ABATEMENT CLOSEOUT AND CERTIFICATE OF COMPLIANCE

A. Completion of Abatement Work:

1. After thorough decontamination, complete asbestos abatement work upon meeting the regulated area clearance criteria and fulfilling the following:

a. Remove all equipment, materials, and debris from the project area.

b. Package and dispose of all asbestos waste as required.

c. Fulfill other project closeout requirements as specified elsewhere in this specification.

B. Certificate of Completion by Contractor: The CPIH shall complete and sign the "Certificate of Completion" in accordance with Attachment 1 at the completion of the abatement and decontamination of the regulated area.

C. Work Shifts: All work shall generally be done during administrative hours (8:00 AM to 4:30 PM) Monday - Friday excluding Federal Holidays. Any change in the work schedule must be approved in writing by the VA Representative.

ATTACHMENT #1
CERTIFICATE OF COMPLETION

DATE: _____ VA Project #: _____

PROJECT NAME: _____ Abatement Contractor: _____

VAMC/ADDRESS: _____

1. I certify that I have personally inspected, monitored and supervised the abatement work of (specify regulated area or Building):
   which took place from / / to / /
2. That throughout the work all applicable requirements/regulations and the VA's specifications were met.
3. That any person who entered the regulated area was protected with the appropriate personal protective equipment and respirator and that they followed the proper entry and exit procedures and the proper operating procedures for the duration of the work.
4. That all employees of the Abatement Contractor engaged in this work were trained in respiratory protection, were experienced with abatement work, had proper medical surveillance documentation, were fit-tested for their respirator, and were not exposed at any time during the work to asbestos without the benefit of appropriate respiratory protection.
5. That I performed and supervised all inspection and testing specified and required by applicable regulations and VA specifications.
6. That the conditions inside the regulated area were always maintained in a safe and healthy condition and the maximum fiber count never exceeded 0.5 f/cc, except as described below.
7. That all abatement work was done in accordance with OSHA requirements and the manufacturer’s recommendations.

CPIH/CIH Signature/Date: _____

CPIH/CIH Print Name: _____

Abatement Contractor Signature/Date: _____

Abatement Contractor Print Name: _____

ATTACHMENT #2
CERTIFICATE OF WORKER'S ACKNOWLEDGMENT

PROJECT NAME:_____ DATE:_____

PROJECT ADDRESS:_____

ABATEMENT CONTRACTOR'S NAME:_____

WORKING WITH ASBESTOS CAN BE HAZARDOUS TO YOUR HEALTH. INHALING ASBESTOS HAS BEEN LINKED WITH VARIOUS TYPES OF CANCERS. IF YOU SMOKE AND INHALE ASBESTOS FIBERS, YOUR CHANCES OF DEVELOPING LUNG CANCER IS GREATER THAN THAT OF THE NON-SMOKING PUBLIC.

Your employer's contract with the owner for the above project requires that: You must be supplied with the proper personal protective equipment including an adequate respirator and be trained in its use. You must be trained in safe and healthy work practices and in the use of the equipment found at an asbestos abatement project. You must receive/have a current medical examination for working with asbestos. These things shall be provided at no cost to you. By signing this certificate of worker's acknowledgement you are indicating to the owner that your employer has met these obligations.

RESPIRATORY PROTECTION: I have been trained in the proper use of respirators and have been informed of the type of respirator to be used on the above indicated project. I have a copy of the written Respiratory Protection Program issued by my employer. I have been provided for my exclusive use, at no cost, with a respirator to be used on the above indicated project.

TRAINING COURSE: I have been trained by a third party, State/EPA accredited trainer in the requirements for an AHERA/OSHA Asbestos Abatement Worker training course, 32-hours minimum duration. I currently have a valid State accreditation certificate. The topics covered in the course include, as a minimum, the following:

Physical Characteristics and Background Information on Asbestos
Potential Health Effects Related to Exposure to Asbestos
Employee Personal Protective Equipment
Establishment of a Respiratory Protection Program
State of the Art Work Practices
Personal Hygiene
Additional Safety Hazards
Medical Monitoring
Air Monitoring
Relevant Federal, State and Local Regulatory Requirements, Procedures, and Standards
Asbestos Waste Disposal

MEDICAL EXAMINATION: I have had a medical examination within the past 12 months which was paid for by my employer. This examination included: health history, occupational history, pulmonary function test, and may have included a chest x-ray evaluation. The physician issued a positive written opinion after the examination.

Signature:_____

Printed Name:_____

Social Security Number:_____

Witness:_____

ATTACHMENT #3
AFFIDAVIT OF MEDICAL SURVEILLANCE, RESPIRATORY PROTECTION AND TRAINING/ACCREDITATION

VA PROJECT NAME AND NUMBER:_____

VA MEDICAL FACILITY:_____

ABATEMENT CONTRACTOR'S NAME AND ADDRESS:_____

1. I verify that the following individual
   Name:_____ Social Security Number:_____
   who is proposed to be employed in asbestos abatement work associated with the above project by the named Abatement Contractor, is included in a medical surveillance program in accordance with 29 CFR 1926.1101(m), and that complete records of the medical surveillance program as required by 29 CFR 1926.1101(m)(n) and 29 CFR 1910.20 are kept at the offices of the Abatement Contractor at the following address.
   Address:_____

2. I verify that this individual has been trained, fit-tested and instructed in the use of all appropriate respiratory protection systems and that the person is capable of working in safe and healthy manner as expected and required in the expected work environment of this project.

3. I verify that this individual has been trained as required by 29 CFR 1926.1101(k). This individual has also obtained a valid State accreditation certificate. Documentation will be kept on-site.

4. I verify that I meet the minimum qualifications criteria of the VA specifications for a CPIH.

Signature of CPIH/CIH:_____ Date:_____

Printed Name of CPIH/CIH:_____

Signature of Contractor:_____ Date:_____

Printed Name of Contractor:_____

ATTACHMENT #4
ABATEMENT CONTRACTOR/COMPETENT PERSON(S) REVIEW AND ACCEPTANCE OF THE VA'S ASBESTOS SPECIFICATIONS

VA Project Location:_____

VA Project #:_____

VA Project Description:_____

This form shall be signed by the Asbestos Abatement Contractor Owner and the Asbestos Abatement Contractor's Competent Person(s) prior to any start of work at the VA related to this Specification. If the Asbestos Abatement Contractor's/Competent Person(s) has not signed this form, they shall not be allowed to work on-site.

I, the undersigned, have read VA's Asbestos Specification regarding the asbestos abatement requirements. I understand the requirements of the VA's Asbestos Specification and agree to follow these requirements as well as all required rules and regulations of OSHA/EPA/DOT and State/Local requirements. I have been given ample opportunity to read the VA's Asbestos Specification and have been given an opportunity to ask any questions regarding the content and have received a response related to those questions. I do not have any further questions regarding the content, intent and requirements of the VA's Asbestos Specification.

At the conclusion of the asbestos abatement, I will certify that all asbestos abatement work was done in accordance with the VA's Asbestos Specification and all ACM was removed properly and no fibrous residue remains on any abated surfaces.

Abatement Contractor Owner's Signature_____Date_____

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